

Diary of changes observed during a treatment holiday

Treatment currently on.....

Date started treatment.....

Patient age.....

Date treatment stopped

Age started treatment.....

Date treatment restarted.....

Date	Changes observed	Impact	Any other medicines required to be taken	Additional comments
27.03.2020	Increase in pain in legs and arms	Not able to walk as far, needing more rest breaks	Increased use of Ibuprofen	Feel really bad in the evening
27.03.2020	Feel more fatigued	Tired now in the afternoons		Needing to take a rest in the afternoon whereas before I could last

[illegible]